

Name:

Chart:

Bone Densitometry Patient Questionnaire
Rocky Mountain Orthopaedic Associates

- Is there a chance that you are pregnant? Yes No
 Have you had a barium X-ray in the last 2 weeks?..... Yes No
 Have you had a nuclear medicine scan or injection of an X-ray dye in the last week?..... Yes No
 Have you had hyperparathyroidism or a high calcium level in your blood?..... Yes No

If you answered yes to any of the above, speak to our receptionist right away.

1. Your: Age: _____ Sex: Male Female
 2. Your ethnicity (check one): ___Caucasian (White) ___Black ___Aboriginal ___Asian ___Hispanic
 ___Other
 3. Have you ever had a bone density test? Yes No
 If YES, when and where? _____
 4. Have you had a recent weight change?..... Yes No
 If YES, tell us about it: _____
 5. Your tallest height (late teens or young adult): _____

OFFICE USE ONLY	Current height	Current weight
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6. Have you ever broken a bone? Yes No

Bone broken	Simple fall?	If not a simple fall, please describe the circumstances	Age when this occurred

7. Has a parent or sibling had a broken hip from a simple fall or bump?..... Yes No
 8. Has a parent or sibling had any other type of broken bone from a simple fall or bump? Yes No
 9. How many times have you fallen in the last year? _____
 10. Have you ever had surgery of the spine, hips, legs or arms?..... Yes No
 If YES, describe what type of surgery you had and which side was affected?

11. Are you currently receiving or have you previously received **prednisone pills (cortisone)** ?

Yes, currently _____ Yes, previously _____ No _____
 If YES, for how long? _____ What is your dose _____ mg or _____ pills per day

12. List any chronic medical conditions that you have:

13. Current medications: (please list name, dose and how often it is taken):

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14. Are you currently receiving or have you previously received any of the following medications?

	No	Yes	For how long?
Medication for seizures or epilepsy			
Chemotherapy for cancer			
Medication for prostate cancer			
Medication to prevent organ transplant rejection			
Steroids (inhaled or oral) for a lung condition			

15. Have you been treated with any of the following medications?

Medication	Ever?	Currently?	For how long?
Hormone replacement therapy (Estrogen)			
Tamoxifen			
Raloxifene (Evista)			
Testosterone			
Etidronate (Didronel/Didrocal)			
Alendronate (Fosamax)			
Risedronate (Actonel)			
Intravenous pamidronate (Aredia)			
Clodronate (Bonefos, Ostac)			
Calcitonin (Miacalcin nasal spray)			
PTH (Forteo)			
Zoledronic acid (Zometa)			
Sodium fluoride (Fluotic)			

16. How many servings of the following do you eat/drink per day (on average)?

	Milk (full cup)	Orange juice fortified with calcium (full cup)	Yogurt (small container or 1/2 cup)	Cheese
Number of Servings				

17. Do you take any calcium supplements (including TUMS)? Yes No

18. Do you take any vitamin D supplements (including multivitamins and halibut liver oil)?..... Yes No

19. Do you smoke?..... Yes No

Former smoker? Yes No How much do you/did you smoke? _____

20. Do you drink alcoholic beverages? Yes No How many per day? _____

21. Do you drink carbonated beverages? Yes No How many per day? _____

22. Do you drink caffeinated beverages? Yes No How many per day? _____

For women only.....

23. Are you still having menstrual periods? Yes No

24. Before menopause, have you ever missed your periods for 6 months or more, besides during your pregnancy?..... Yes No

25. Have you had your menopause?..... Yes No
If yes, at what age? _____

26. Have you had a hysterectomy?..... Yes No
If YES, at what age? _____

27. Have you had both of your ovaries removed?..... Yes No
If YES, at what age? _____